



BREAKERS



WEEK 1 MENU	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL CHOICE	Greek Style Minced Lamb Moussaka	Freshly Baked Chicken and Sweetcorn Pie	Italian Style Oven Baked Chicken Lasagne	Spicy Chicken Jalfrezi Served with Boiled Rice	Deep Fried Fish Served with Lemon and Tartare Sauce
MAIN MEAL CHOICE	Chicken and Vegetable Deep Filled Enchiladas	Mexican Style Chilli Con Carne Served with Rice	Traditional Roast Beef Served with Yorkshire Pudding	Hot Dog Served in a Roll with Onions & Tangy Tomato Relish	Assorted Italian Style Freshly Baked Pizza Slices
VEGETARIAN CHOICE	Golden Crispy Potato Topped Shepherdess Pie Filled Jacket Potatoes	Tagliatelle with Roasted Vegetables in Herby Tomato Sauce Filled Jacket Potatoes	Braised Quorn Sausages Served with Rich Onion Gravy Filled Jacket Potatoes	Savoury Cheddar Cheese & Sweet Red Pepper Flan Filled Jacket Potatoes	Filled Jacket Potatoes
VEGETABLES AND POTATOES	Spicy Diced Potatoes Green Beans Cauliflower Floret Baked Beans Mixed Garden Salad	New Potatoes Sliced Carrots Fresh Broccoli Baked Beans Mixed Garden Salad	Roast Potatoes Steamed Cabbage Mixed Vegetables Baked Beans Mixed Garden Salad	Jacket Wedges Sweetcorn Garden Peas Baked Beans Mixed Garden Salad	Chipped Potatoes Mushy Peas Baked Beans Mixed Garden Salad
<p>Available Daily: Assorted Snacks, Various Filled Sandwiches, Rolls and Wraps, Fresh Salads, Hot And Cold Desserts ,Home Bakes, Fresh Fruit Salad, Drinks</p>					



BREAKERS



WEEK 2 MENU	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL CHOICE	Seasoned Chicken Breast Fillet Served in a Bun	Freshly Made Lamb and Vegetable Pie	Traditional Roast Chicken with Sage & Onion Stuffing	Potato Topped Lamb Hot Pot served with Red Cabbage	Deep Fried Fish Served with Lemon and Tartare Sauce
MAIN MEAL CHOICE	Spicy Lamb Keema Served with Boiled Rice	Oriental Style Sweet and Sour Chicken with Noodles	Spicy Beef Tortillas Topped with Tangy Salsa	Oven Baked Cheese and Tomato Quiche	Assorted Hot Sandwiches with Appropriate Garnish
VEGETARIAN CHOICE	Oven Baked Creamy Macaroni Cheese Filled Jacket Potatoes	Creole Style Spicy Vegetable Burritos Filled Jacket Potatoes	Italian Style Roasted Vegetable Lasagne Filled Jacket Potatoes	Vegetable Curry Served with Wholegrain Rice Filled Jacket Potatoes	Filled Jacket Potatoes
VEGETABLES AND POTATOES	Jacket Wedges Sweetcorn Baked Beans Mixed Garden Salad	Creamed Potatoes Cauliflower Florets Garden Peas Baked Beans Mixed Garden Salad	Roast Potatoes Diced Carrots Steamed Cabbage Baked Beans Mixed Garden Salad	Spicy Diced Potatoes Green Beans Mixed Vegetables Baked Beans Mixed Garden Salad	Chipped Potatoes Mushy Peas Baked Beans Mixed Garden Salad
<p>Available Daily: Assorted Snacks, Various Filled Sandwiches, Rolls and Wraps, Fresh Salads, Hot And Cold Desserts ,Home Bakes, Fresh Fruit Salad, Drinks</p>					



BREAKERS



WEEK 3 MENU	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL CHOICE	Savoury Salmon and Tuna Fusilli Pasta Bake	Mildly Spiced Chicken Tikka Masala served with Mixed Rice	Oven Baked Lamb Lasagne served with Garlic Bread Slice	Spicy Chicken Chilli served with Wholegrain Rice	Deep Fried Fish Served with Lemon and Tartare Sauce
MAIN MEAL CHOICE	Best of British All Day Breakfast Choice of 5 Items	Homemade Shortcrust Pastry Topped Meat & Potato Pie	Traditional Roast Turkey served with Sage & Onion Stuffing	Crisp and Golden Potato Topped Lamb Shepherds' Pie	A Selection of Fresh and Tasty Hot Filled Wraps
VEGETARIAN CHOICE	Oven Baked Spicy Vegetarian Quesadillas Filled Jacket Potatoes	Mexican Vegetable Chilli con carnie served with wholegrain rice Filled Jacket Potatoes	Chinese style Quorn & Vegetable Chow Mein Filled Jacket Potatoes	Tangy Cheese and Savoury Red Onion Flan Filled Jacket Potatoes	 Filled Jacket Potatoes
VEGETABLES AND POTATOES	Spicy Diced Potatoes Baked Beans Sweetcorn Chopped Tomatoes Mixed Garden Salad	New Potatoes Garden Peas Cauliflower Florets Baked Beans Mixed Garden salad	Roast Potatoes Diced Carrot & Swede Savoy Cabbage Baked Beans Mixed Garden salad	Jacket Wedges Mixed Vegetables Fresh Broccoli Baked Beans Mixed Garden salad	Chipped Potatoes Mushy Peas Baked Beans Mixed Garden Salad
<p>Available Daily: Assorted Snacks, Various Filled Sandwiches, Rolls and Wraps, Fresh Salads, Hot And Cold Desserts ,Home Bakes, Fresh Fruit Salad, Drinks</p>					